

Community Wellbeing Pathfinder Service



Healthworks
the community health charity

If you are over 18 and live in Newcastle, we can support you one-to-one with:

- Achieving a healthier lifestyle
- Physical health – managing symptoms and self-care
- Jobs and volunteering
- Housing and financial wellbeing
- Social support and reducing isolation
- Mental health and wellbeing



Personal Signposting - Advice - Information - Referrals
Face-to-face, telephone or video sessions



Scan the code or call 0191 2724244





SCAN ME

www.healthworksne.org.uk

Call us on 0191 272 4244

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