

What's going on at St Martin's Centre

Your guide and timetable of activities and events

ALL YOUR FAVOURITE CLASSES AND COURSES

Good Neighbours

ARE HERE!
Offering help around the house or just getting out and about.
SEE INSIDE!

THE AVENUE
NE6
COFFEE SHOP

with a fabulous selection of delicious food - like our...
LINCOLNSHIRE SAUSAGE BAP FOR £2
EAT IN OR TAKE AWAY!

NOW OPEN TIL 6PM THURSDAY!
OPEN
Monday - 9.30am - 3.00pm
Tuesday, Wednesday, Friday - 9.00am - 3.00pm
THURSDAY - 9.00am - 6.00pm

SEE INSIDE FOR DETAILS OF ALL SESSIONS



THE AVENUE

NE6

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Monday 9:30am - 3.00pm
Tuesday, Wednesday, Friday 9.00am - 3.00pm
Thursday 9.00am - 6.00pm

There's a fabulous selection of delicious food from our menu to choose from.
Menu also available on Facebook and Instagram



St Martin's Church
BYKER

Join us at St Martin's for joyful, friendly and uplifting worship accessible to everyone.

Sunday family eucharist service at 9.30am
Tuesday eucharist service at 3.30pm

Contact Rev'd Tim Ferguson Tel: 07814 797484
email: fergusontim702@gmail.com for details on church events weddings, funerals and baptisms

www.stmartinsbyker.co.uk



EARLY YEARS
PROGRAMMES & ACTIVITIES

A fabulous new programme of nurturing early learning groups. Fun and entertaining sessions for babies and toddlers. From simple 'Stay & Play' activities including speech and language focused sessions to engaging, entertaining toddler sessions there's something for every child and every parent or carer.

For more information or to book a session contact Olivia, Early Years Children & Family Worker
olivia@stmartinscentre.org.uk or telephone 0191 276 4002



Ofsted Outstanding

St Martin's Centre NURSERY

A great place to grow, learn & play

For more information or to book a visit contact Jude Homer, Nursery Manager on 0191 276 4002 or email jude@stmartinscentre.org.uk

St Martin's Centre NURSERY
Roman Avenue, Byker NE6 2RJ

APPLY NOW FOR 2YR OLD PLACES!

St Martin's Centre
PARTNERSHIP

Come and join us!

Are you feeling lonely or socially isolated?

Would you benefit from some support attending activities in our warm & friendly Centre?

Contact us for a chat and let's see how we can help you.



For further information contact Yvonne on **0191 276 4002** or email yvonne@stmartinscentre.org.uk

St Martin's Centre
PARTNERSHIP

Roman Avenue, NE6 2RJ | Tel: 0191 2764002

f Follow us on Facebook to keep up to date with special events and activities @stmartinscentre

St Martin's Centre
PARTNERSHIP

St. Martin's Centre What's On Guide

MONDAY

EARLY YEARS Pop-up library (Term time only)

8.20am - 10.30am

For parents and carers of children 0-5 years. Come along and select a book to borrow and take home.

EARLY YEARS Toys & Tea (Term time only)

8.45am - 11.45am

For parents and carers of children 0-5 years. Drop in any time between these hours for a chat with other parents, information about what's available in the area. Refreshments available.

Chi Me

10:30am - 11:30am - FREE

Helps improve flexibility, balance, mobility and can help with pain.

Memory Tea (Dementia friendly)

1.30pm - 3.30pm - £2

(Now every week from May)
Dementia friendly, carers, friends and family welcome. Come along and join in our dementia friendly fun activities or just enjoy a cuppa and a chat! If you would like more information, please call Yvonne on 0191 2764002.

Meditation

1.30pm - 2.30pm - £2

Come and enjoy an hour of peace and relaxation with Nicola. Please book your place at Reception.

TUESDAY

EARLY YEARS Early Words Together (Speech and language focused. Term time only)

10.00am - 11.30am

For children 2-3 years old. Play, Music, Sensory activities. Refreshments available. Limited places, please book in advance (blocks of 6 weeks). Contact Olivia - olivia@stmartin-centre.org.uk or ask at reception.

Art For Beginners

10.00am - 12.30pm - FREE

also 1.00pm - 3.30pm - FREE

All materials provided. To book or for more information contact Newcastle City Learning
Tel: 0191 2782818

Line Dancing

11.00am - 12.00 noon - £2

Yeehah! Take your partners and step into a foot stompin' favourite.

Church Tea Club

1.30pm - 3.30pm

Open to anybody over 55 years old. Cakes, biscuits, tea/coffee bingo and a raffle!

WEDNESDAY

Dance It Off

9.00am - 10.00am

Come along and move to the music while making some new friends and getting fitter for 2026. Low-intensity dance moves will help improve cardiovascular fitness while being gentle on the joints.

EARLY YEARS Tiny Toddlers - next steps

(Term time only)

10.00am - 11.30am

Suitable for babies 0-2 years. Stories, Rhymes, Music, Interactive play. Refreshments available.

Zumba Gold

10:30am - 11:30am - £2

Low impact and easy to follow session. No booking required. All welcome

In Good Company - Sharing time, stories and smiles!

1:30pm - 3:30pm - £2

Friendly, relaxed social group. Receive a warm welcome and a chance to be around others. Get involved as much as you like or simply have a cup of tea and a chat.

THURSDAY

EARLY YEARS Stay & Play

(Term time only)

10.00am - 11.30am

Includes crafts, play, snack and story. For under 5's

Crafts with Jackie

10:30am - 12.00 noon - £2

Everything provided including refreshments. Jackie will be covering the following - pop up boxes, handbags, gift bags, felt & fabric decorations plus lots more. Max 12 place per session please book with Reception.

Fit and Fab

(Chair based exercise - over 55's)

12.00 noon - 1.00pm - £2

The exercises are easy and fun to do and suitable for all abilities.

Baby Social (0-12 months)

1.30pm - 2.30pm

A friendly and supportive group for parents and babies up to 12 months old.

Health Visitor Baby Clinic

Walk-in Baby weighing clinic

1.00pm - 2.30pm

Line Dancing

6.00pm - 7.00pm - £4

Yeehah! Take your partners and step into a foot stompin' favourite. Great fun, get fit. All welcome. COFFEE SHOP OPEN UNTIL 6PM

FRIDAY

Breast Feeding Peer Support group

10.00am - 11.30am

A Breast Feeding support group for breast feeding mums and mums to be. Come along and pick up some handy tips and advice, chat with a coordinator and meet other breastfeeding mums.

Pilates

10:30am - 11:30am - £2

New group. Please contact reception to book a place.

Crochet

10.30am - 12.30pm - £2

All levels welcome. Learn how to crochet while having fun. Materials provided.

Tai Chi (Over 55's)

1.00pm - 2.00pm - £2

Come along and enjoy this relaxing and gentle exercise session.

• THE AVENUE •

COFFEE SHOP
with a fabulous selection
of delicious delights

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OUR FAMOUS
LINCOLNSHIRE BAP
FOR £2
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TIL 6PM
THURSDAY!

COMING UP

BOOZY BINGO

FRIDAY 15TH MAY 6.30PM - 9.30PM
TICKETS £15PP

Cheese & Wine Night

IN THE AVENUE COFFEE SHOP
THURSDAY 4TH JUNE 6.00PM - 8.00PM
TICKETS £15PP

JUMBLE SALE - DETAILS TBC

OUR POPULAR WELLBEING WALKS
WILL BE RETURNING IN MAY
DATES AND TIMES TO BE CONFIRMED

DO YOU NEED HELP WITH
VARIOUS TASKS AROUND
THE HOUSE OR GETTING
OUT AND ABOUT?

WOULD YOU BENEFIT
FROM THE HELP OF A
'GOOD NEIGHBOUR'?

Good Neighbours are
volunteers who can help you
with various things.

St Martin's Centre is involved
in delivering Good Neighbours
Newcastle (along with
Volunteering Matters and
Search Newcastle).

Find out more about using
the service or volunteering by
contacting the Centre
or emailing
yvonne@stmartinscentre.org.uk

Good Neighbours



CHECKOUT OUR
WEBSITE FOR LIVE
UPDATES
www.stmartinscentre.org.uk
or scan the QR code



f events and activities
@stmartinscentre

For more information call 0191 2764002 or call into reception