

Memory Tea

At St Martin's Centre

NE6 2RJ

Second and fourth Monday of each month
1pm - 3pm (starting 11th September)

Dementia friendly, carers, friends and family welcome!



Come along and join in our fun activities or just enjoy a cuppa, cake and a chat! Activities will vary week to week and will include music, crafts, memory boxes, local history, games and much more!
You can also access information regarding benefits and Lasting Power of Attorney.

If you would like more information please call

Yvonne on 0191 276 4002

Suggested donation £2