

What's on at your St. Martin's Centre



St. Martin's Centre,
Roman Avenue, Byker,
Newcastle upon Tyne, NE6 2RJ
(0191) 276 4002

Open and Closing Times

Monday	9.00am-4.30pm
Tuesday	9.00am-4.30pm
Wednesday	9.00am-4.30pm
Thursday	9.00am-4.30pm
Friday	9.00am-4.30pm
Saturday	Closed
Sunday	Closed

The Avenue Café
Opening Times
Mon-Fri
10.00am-2.00pm



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Please be aware that times and groups may change after the time of printing this guide. Please contact the Centre for additional info.

Monday

Morning Prayer (In the church)
8:45am

Pilates (Term Time Only)
10.30am – 11.30am

A whole body workout for all abilities and ages, focusing on posture, strength and control. £3 per session.

Breast Feeding Peer Support group (Sure Start)
10.00am-11.30am

A Breast Feeding support group for breast feeding mums and mums to be. Come along and pick up some handy tips and advice, chat with a coordinator and meet other breastfeeding mums.

Did you know all families are entitled to a certain amount of **FREE CHILDCARE** a week for their 3/4 year old?

Many families may also be entitled to 15 hours entitlement for their 2 year old. If you want to find out if you are eligible, ask here today.



If you would like to arrange a visit to look around or would like any further information, please contact Nicola Storey, telephone 0191 276 4003 or email nicola@stmartinscentre.org.uk

Please note that St. Martin's Centre is always closed on Bank Holiday Monday's throughout the year.

St Martins Centre Nursery

We offer high quality nursery provision, with a warm, welcoming and stimulating environment for children aged 2 to 5 years.



The provision we offer is term time, with flexible hours.



We are open from 7.30am – 4.30pm

Monday to Friday

Additional hours are available on request

Our nursery rate is only £4 per hour.



Tuesday

Morning Prayer (In the church)
8:45am

Play Session (Term time only)
10.00am-11.30am

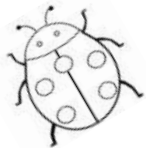
A fun and active play session for children under 5. There is a charge of £1.50 per child for this session and a snack is provided. No need to book just come along.

Councillor Surgery (The second Tuesday of every month)
12.00-1.00pm

Meet your local councillor to discuss issues, problems and to give feedback on your local community.

Church Tea Club
1.30pm-3.30pm

This group has been running for 45 years! It is a supportive group open to anybody over 55 years old, where you can enjoy cakes, biscuits and tea/coffee whilst playing bingo and a raffle!



Wednesday

Eucharist (St. Martin's Centre Church) **9.15am – 9.45am**
7.00pm – 7.30pm

Pass it on Parents (The first Wednesday of every month)
11:00am-1.00pm

A support group for carers of children with additional needs.

Community Lunch (Over 55's)

11:00am-1.00pm

Come along and enjoy homemade fresh food, as well as enjoying great conversations and entertainment in a relaxed setting!

Only £3.50



Volunteering is a great way to meet new people, develop new skills and give something to your community. You'll also get access to a variety of free training courses.

Here at St. Martin's we have a dedicated team of volunteers in many roles ranging from helping with catering for our range of community meal events to gardening, building maintenance and helping with our youth groups .

If you'd like to join the team we'd love to hear from you!

Maybe you've ideas for a new activity or project that you'd like to help develop?

Or maybe you'd like more information?

To find out more contact Gail McKie gail@stmartinscentre.org.uk

Or fill in a volunteer enquiry form (these can be found opposite the reception desk at St. Martin's)

Sunday

Communion Service 9.30am-10.30am

This service also incorporates the Junior Church.

There is the option of including the Baptism in the regular Sunday morning worship at 9.30am and this can be arranged for most Sundays with sufficient notice; we would ask you to attend church in the month before the Baptism if you choose this option.

Church Information

Baptism at St Martin's

If you would like your child baptised (christened is another word for it) at St Martin's, forms are available from the Centre Reception. Simply complete the details required and hand the form back into reception. We will ring you as soon as possible.

Setting a date

You will need to come and meet with us on either Wednesday morning or Sunday morning where we will discuss the service with you and set a date. We generally do Baptisms on the first Sunday of the month at 11.30am.

As Baptism at St Martin's is a popular event, it is best to contact us as soon as possible as there is generally a few months' wait for bookings.

If you have any questions about baptism, please do contact the Curate on 0191 2769011.

Thursday

Morning Prayer (In the church) 8:45am

Baby Social (0-12 months) Sure Start 1.00pm-2.00pm

A friendly and supportive group for parents and babies up to 12 months old.

Friday

Newcastle Futures 10.30-12.00

Drop in offering a range of employment and training support

Fit and Fab (Over 55's) 11.30am-12.30pm

The exercises are easy and fun to do and suitable for all abilities. £1.50 charge

Tai Chi (over 55's) 1.00pm-2.00pm

Come along and enjoy this relaxing and gentle exercise session. £1.50 charge.

Friday Friends (Over 55's) 1.00pm-2.30pm

A support and social group for over 55's. £1.50 charge

Saturday

Twinkle Tots (The first Saturday of every month)

10.00-11:30am

St. Martin's Church play session for 0-5 year olds and their families.
Let your light shine! For more information, please contact Rev. Rae.

Rscar087@gmail.com.



The Avenue Café at St. Martin's Centre



**Open Monday- Friday
10am-2pm**



**Serving good value, nutritious food in a modern,
bright and friendly environment.**

All welcome!