

## What's On at St. Martin's General Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10.30-11.30am</p> <p><b>Pilates*</b> A whole body workout for all ages!</p>	<p>10.00-11.30am</p> <p><b>Play Session</b> Children under 5 £1.50 <i>(Term Time Only)</i></p>	<p>10.30-12.00pm</p> <p><b>Pass It On Parents</b> The first Friday of every month A group for carers of children with additional needs</p>	<p>10.30-12.00pm</p> <p><b>Coffee Morning</b> Join Deni from Building Futures East for a cuppa and a chat</p>	<p>10.30-12.00pm</p> <p><b>Newcastle Futures</b> Offering a range of employment and training support</p>	<p>10.00-11.30am</p> <p><b>Twinkle Tots</b> St. Martin's Church run play session (0-5 year olds) <i>The first Saturday of every month</i></p>
				<p>10.30 -12.00pm</p> <p><b>Techie Social</b> A block course of fun informal tech sessions</p>	
<p>10.00-11.30am</p> <p><b>Breast Feeding Peer Support Group</b> (Sure Start)</p>	<p>1.30-3.30pm</p> <p><b>Church Tea Club</b> (Over 55's)</p>	<p>11.00-1.00pm</p> <p><b>Community Lunch</b> (Over 55's) £3.50</p>	<p>1.00-2.00pm</p> <p><b>Baby Social</b> (Sure Start) Babies 0-12 months</p>	<p>11.00-12.00pm</p> <p><b>Fit n Fab</b> (Over 55's) £1.50</p>	
		<p>1.00-2.00pm</p> <p><b>Teen Parenting (Sure Start)</b> Support group for teen parents</p>		<p>1.00-2.00pm</p> <p><b>Tai Chi</b> (Over 55's) £1.50</p>	
				<p>1.00-2.30pm</p> <p><b>Friday Friends</b> (Over 55's) Fun and friendly social group £1.50</p>	

\*Please see our What's On at St. Martin's leaflet for booking and contact information.